

What to know before your surgery.



The Plastic Surgical Center
of MISSISSIPPI, LLC

1 Home Preparations for Surgery

Please pay special attention to the following instructions. Failure to do so may result in your surgery being postponed or cancelled.

- Do not eat or drink anything, including water after midnight the night before surgery.
- Bathe or shower and brush your teeth the morning of surgery.
- Remove all make up, nail polish, and contacts prior to admission.
- Refrain from smoking 24 hours before surgery.
- Please bring all medications, or a list with all dosages.
- Please arrange to have a responsible adult, such as a family member or trusted friend, accompany you to the center. This person will need to stay at the center while you are there. This person will need to talk with your doctor after surgery.
- You will not be allowed to have surgery unless you bring someone with you who can take you home and stay 24 hours with you during recovery.
- Please limit the number of people who accompany you to the surgery center. Only 2.
- Please notify your doctor's office if your status changes or if you may be pregnant.
- Please bring a photo ID and a copy of your insurance with you.
- Children are not to be left unattended.

2 The Day of Surgery

On the day of surgery, you should arrive at PSCM approximately 1 hour before surgery. This allows time for admittance and any pre-operative preparation. You will also be asked to sign consent forms for surgery, which gives your permission for the facility to care for you. If the patient is a minor, this form must be signed by a parent or legal guardian.

- Your anesthesiologist will discuss your health history and plan for anesthesia before surgery.
- You may have to complete lab work on admission, depending on your procedure and health history.

3 After Surgery

After surgery is complete, you will be moved to our fully-equipped recovery room. You will remain under close observation by the anesthesiologist and our recovery room nurses until you are ready to go home. Although post-operative stay varies, most patients can be discharged 1 to 2 hours after surgery. Your doctor will need to talk to

a family member or trusted adult after surgery. It is very important that this person remains close by and in the building.

No photography or recording is allowed, including pictures or video taken by cell phones. Please refrain from using these devices in patient care areas.

Your surgeon will provide post-operative instructions regarding diet, rest and medications. PSCM will provide you with a written summary of these instructions before you leave.

Please follow these general instructions after surgery:

- Have your family member, close friend or responsible adult drive you home.
- Plan to have someone stay with you for at least 24 hours.
- Take it easy and pamper yourself for the first 24 hours after surgery.
- It is normal to feel drowsy after receiving an anesthetic, we ask you to postpone these activities for 24 hours:
- Operating or driving any vehicle
- Signing important papers or documents
- Making impactful and hasty decisions
- Drinking alcoholic beverages

4 Financial Arrangements

Please contact PSCM prior to surgery to make financial arrangements or to ask questions. We require that all payment arrangements be made before your surgery. Charges

Billing for PSCM and your physician is separate. We charge for the use of the facility that includes the cost of pre-op, surgery, recovery, and certain tests and supplies. Your surgeon, anesthesiologist and pathologist (if applicable) will bill you separately for their services.

Payments

Uninsured and/or cash patients will be required to pay for services on or before the admission date. Payment may be made by cash, credit card or a certified or personal check.

Patients with verified insurance will be required to pay their portion ONLY on or before the day of surgery. MasterCard, Visa and American Express are accepted.

PSCM will bill your insurance company as a courtesy, however, the balance due is the patient's responsibility and payment will be requested from you unless your insurance company pays within 60 days.

Medicaid patients must have current, valid medical card with them at the time of admission.